

Finding Help & Hope: Supporting Loved Ones Fighting Suicide



NAMI St. Louis, thanks to a generous Caritas grant from Mercy, have teamed up with Mercy St. Louis and Mercy Jefferson, to provide the *Finding Help and Hope: Supporting Loved Ones Fighting Suicide* program. Mercy is the first hospital system in Missouri to join the “Show Me Suicide” Learning Collaborative, as such demonstrating its leadership in healthcare settings in including suicide prevention among its compassionate care and exceptional services. A key component to this initiative is to provide safe care transitions. Family support is a key to ensure suicidal safe care. As a partner with Mercy Behavioral Health professionals, NAMI St. Louis will collaborate to develop and offer family support programs and suicide prevention training for family members who are supporting loved ones fighting suicide.

The Finding Help and Hope: Supporting Loved Ones Fighting Suicide program consists of support group sessions at both the Mercy St. Louis and Mercy Jefferson campuses.

Mercy Hospital Jefferson

Conference Center
1400 US-61
Festus, MO 63028

**1st & 3rd Thursday of each month.
5:30 - 7:00 pm.**

Mercy Hospital St. Louis

Behavioral Health Cafeteria
Conway Road
Creve Couer, MO 63141

**2nd & 4th Thursday of each month.
7:00 - 8:30 pm.**